

# scientifically speaking



Dermalogica® Research and Development News

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## Dehydrated, Oily or Both?

by Dr. Claudia Aguirre

### Skin Hydrating Masque

A deeply hydrating solution to dry, stressed skin comes in a new and improved formula for Dermalogica Skin Hydrating Masque. We have reformulated this refreshing masque to boost the power of hydration on the skin long after the masque is removed. As the temperature drops, so does the level of humidity in the air- and this means moisture is literally pulled out of our skin into the atmosphere! But seasonal changes are just one way skin can become dehydrated. Pollution, over-exfoliating, harsh soaps and even psychological stress can all lead to skin dehydration. It is important to maintain skin hydrated in order to prevent the microcracks that allow foreign invaders to penetrate, causing inflammation. Enter Skin Hydrating Masque. This reformulated masque harnesses unique cross-linked Hyaluronic Acid to hydrate skin with a capacity to hold 5 times the amount of water better than the leading moisture magnet in skin care products. *Codium tomentosum*, green algae, helps regulate moisture content and long-term water retention to provide in-depth moisturization. The addition of an amino acid-sugar complex stimulates skin's own Natural Moisturizing Factor to maintain suppleness and elasticity. Combined with *Salicornia Herbacea* Extract, or Glasswort, cellular cohesion is enhanced, thus minimizing trans-epidermal water loss. These powerful ingredients ensure that skin retains its moisture more efficiently and for longer periods of time, resulting in velvety smooth, supple and soft skin. Combined with antioxidants from Tomato seed, Canadian Willowherb and Carrot Root, this refreshing masque will deeply hydrate, soothe, and protect from future damage.

### Skin Refining Masque

Oily skin. If you have it, chances are you've inherited it. Overactive sebaceous glands give your skin the sheen to downright slick texture that can lead to problems like breakouts if not controlled. Luckily, this skin type can be managed with the right ingredients and care. Introducing newly reformulated Skin Refining Masque. This purifying masque will regulate over-productive oil glands while reducing enlarged pore size to refine skin and prevent future breakouts. Hormones, genes and stress can all trigger oil production. Natural earth clays Bentonite and Kaolin help absorb excess oil and remove surface impurities. We've added a new blend of phytochemicals from Cedar, Magnolia, Tea Tree and Green Tea to this existing clay base to enhance the sebum-regulating, anti-inflammatory and anti-bacterial properties of Skin Refining Masque. Lentil Seed Extract tightens pores, smoothes skin grain, controls shine, making skin more uniform and radiant. Combined with Eijitsu Rose, pore size is reduced by strengthening the pore wall as well as regulating the abnormal keratinization that leads to enlarged pores. Drying out the skin may seem like a likely solution to oily skin. However, this can actually lead to more oil production and sensitivity. The newly reformulated Skin Refining Masque is non-drying and utilizes sophisticated ingredient technology to control excess oil, purify skin and prevent future oily skin breakouts.

For those with combination skin, both masques may just be the perfect solution to their skin issues. Often in these types, the T-zone is oily while the cheeks are dehydrated. Newly reformulated Skin Hydrating Masque and Skin Refining Masque are two great solutions for tackling thirsty or oily skin in under 15 minutes!