

dermalogica professional treatments in a medical setting

Dermalogica treatments using microdermabrasion

When combining professional Dermalogica treatments and microdermabrasion, it is important to:

1. Review the Consultation Card to provide an in-depth consultation of your patient/client's skin ensuring they are a candidate for treatment.
2. Ensure the skin is in optimum health to reduce possible complications.
3. Never leave your client unattended.
4. Use Dermalogica professional products that are suitable for the patient/client's current skin condition.
5. Directions and protocols may differ from machine to machine; always consult the manufacturer for exact protocols and product usage for your particular machine.
6. Develop a treatment plan or series based upon skin condition and turgor.
 - a. Many skin treatment centers offer microdermabrasion in conjunction with a series of **MultiVitamin Power Exfoliant** treatments – where the patient/client would alternate between using microdermabrasion and exfoliating the skin with **MultiVitamin Power Exfoliant**. Dermalogica advises against performing both methods of exfoliation in the same treatment or visit, as that would constitute as double exfoliation. A series of MultiVitamin Treatments may be performed prior to and/or post microdermabrasion sessions for improved skin regeneration benefits.
7. Avoid the use of Vitamin A-derived ingredients like Retin-A, Retinol, or Hydroxy Acids for 2-4 days after or while skin is sensitive.

Dermalogica professional procedure with microdermabrasion

There are several key Dermalogica products that can be incorporated with the microdermabrasion procedure. Below is a suggestion of a step-by-step:

1. Cleanse eyes and lips with **Soothing Eye Make-Up Remover**.
2. Perform the Dermalogica Double Cleanse; beginning with **PreCleanse** followed by the prescribed Dermalogica cleanser. Remove with clean water and sponges or a steam towel customized with botanical mixer.
3. **Face Mapping® skin analysis** should be performed to ensure the skin is not contraindicated to a microdermabrasion procedure.
4. Perform microdermabrasion routine according to manufacturer's recommendations.
5. Thoroughly remove exfoliant with a warm steam towel customized with appropriate botanical mixer
 - a. Removal using the prescribed cleanser may be needed to ensure the skin is free of debris.
6. Use the Dr. Lucas Pulverizer with 6 drops of **Calming Botanical Mixer** or **UltraCalming™ Complex** to calm skin post-microdermabrasion procedure.
7. For a pressure point style massage, use **Soothing Additive** or **UltraCalming™ Complex**.
 - a. Apply **a few drops of UltraCalming™ Complex** under **Clinical Colloidal Oatmeal** masque or **MultiVitamin Power Recovery® Masque**.

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8. Spritz with **UltraCalming™ Mist**.
9. **UltraCalming™ Serum Concentrate** to reduce irritation or any redness, or **Skin Hydrating Booster** if the skin shows signs of dehydration, followed by **Barrier Repair** and **Ultra Sensitive Tint SPF30** to protect the skin.
 - a. Alternatively, **Super Sensitive Shield SPF30** can be used.

This treatment should take 45 minutes to complete, but could be made into a 60-minute treatment if desired. During the 6-week series, the patient/client can further prepare the skin using **Skin Resurfacing Cleanser**, **Daily Microfoliant**, prescribed booster or treatment product.