

dermalogica professional treatments in a medical setting

Dermalogica treatments using microcurrent

When combining professional Dermalogica treatments and microcurrent, it is important to:

1. Review the Consultation Card to provide an in-depth consultation of your patient/client's skin, ensuring they are a candidate for treatment.
2. Ensure the skin is in optimum health to reduce possible complications.
3. Never leave your client unattended when using an electrical modality.
4. Use Dermalogica professional products that are suitable for the patient/client's current skin condition.
5. Directions and protocols may differ from machine to machine; always consult the manufacturer for exact protocols and product usage for your particular microcurrent machine. Microcurrent can be used for muscle re-education or specific iontophoresis.

Dermalogica treatment product recommendations are based upon skin condition for use with microcurrent:

Aging skin:

- Muscle re-education
 - **Multi-Active Toner**
 - **Antioxidant HydraMist**
- Product penetration
 - **AGE Smart® Complex**
 - **MultiVitamin Power Recovery® Masque**
 - **Intensive Moisture Balance or Power Rich™**

Hyperpigmentation:

- Muscle re-education
 - **Multi-Active Toner**
 - **Antioxidant HydraMist**
- Product penetration
 - **ChromaWhite TR_x® Complex with Purifying Botanical Mixer**
 - **MultiVitamin Power Recovery® Masque**
 - **Extreme C, C-12 Concentrate and Skin Smoothing Cream**

Sensitive skin:

- Muscle re-education
 - **UltraCalming™ Mist**
- Product penetration
 - **UltraCalming™ Complex**
 - **UltraCalming™ Serum Concentrate**
 - **Colloidal Masque Base**

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Oily/acne skin:

- Muscle re-education
 - **Multi-Active Toner**
- Product penetration
 - **MediBac Clearing® Complex**
 - **Colloidal Masque Base**
 - **Active Moist**

Dermalogica treatment recommendations for use with microcurrent therapy:

1. Cleanse eyes and lips with **Soothing Eye Make-up Remover**.
2. Perform the **Dermalogica Double Cleanse**; beginning with **PreCleanse** followed by the prescribed Dermalogica cleanser. Remove with clean water and sponges or a steam towel customized with botanical mixer.
3. **Face Mapping® skin analysis** should be performed to ensure the skin is not contraindicated to a microcurrent procedure.
4. Complete a customized exfoliation according to your patient's skin needs and level of reactivity. Thoroughly remove chosen exfoliant with a warm steam towel, customized with appropriate botanical mixer.
5. Carry out the current microcurrent protocol according to the manufacturer's directions. Below are some examples of Dermalogica products that can be used along with the probes, or in some cases gloves, to facilitate:
 - a. **Muscle re-education**: Dispense about 1 Tbsp. of **Multi-Active Toner**, **Antioxidant HydraMist** or **UltraCalming™ Mist** into a jelly cup or bowl; this will be used to periodically dip the probe or gloves in during the microcurrent treatment.
 - b. **Specific iontophoresis**: Apply 6-10 drops of the prescribed Dermalogica complex followed by a generous amount of either **Colloidal Masque Base** or **MultiVitamin Power Recovery® Masque** to the patient/client's face, neck and chest with a fan masque brush. **Note: It must be a non-setting masque such as a gel or cream.**
 - i. Aging – **AGE Smart® Complex**, **MediBac Clearing® Complex**
 - ii. Hyperpigmentation – **ChromaWhite TR_x® Complex**
 - iii. Sensitive skin – **UltraCalming™ Complex**
 - iv. Oily/Acneic skin – **MediBac Clearing® Complex**
6. Remove any excess product from the skin with clean water and sponges followed by a steam towel customized with **Calming Botanical Mixer**.
7. Spritz according to your client's skin condition; select from **Multi-Active Toner**, **UltraCalming™ Mist** or **Antioxidant HydraMist**.
8. Apply a generous amount of prescribed Dermalogica moisturizer and eye treatment.
 - a. **Specific iontophoresis**: for use with probes or gloves.
 - i. Aging – **Intensive Moisture Balance** or **Power Rich™**
 - ii. Hyperpigmentation – **Extreme C**, **C-12 Concentrate** and **Skin Smoothing Cream**
 - iii. Sensitive skin – **UltraCalming™ Serum Concentrate**

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iv. Oily/Acneic skin – **Active Moist**

9. Finish by applying recommended Dermalogica **Daylight Defense** product.